A Select List of Brown County Library Children’s Books  
(Toddler – Early Elementary)
Click on each title below to see the library’s catalog record. Then click on the title in the record for details, current availability, or to place a hold. For additional books and items on this theme, ask your librarian or search the library’s online catalog.

* = great for toddlers

**Feeling Angry/Grumpy**

- Cool Down and Work Through Anger by Cheri Meiners
- Emily’s Tiger by Miriam Latimer*
- Feet are not for Kicking (board book) by Elizabeth Verdick*
- Hands are not for Hitting (board book & non-fiction editions) by Martine Agassi*
- How Do Dinosaurs Say “I’m Mad”? by Jane Yolen*
- I Was So Mad by Mercer Mayer*
- Llama, Llama Mad at Mama by Anna Dewdney*
- Mean Soup by Betsy Everitt
- Mouse was Mad by Linda Urban
- Nobody Notices Minerva by Wednesday Kirwan
- Pete’s a Pizza by William Steig*
- Rain! by Linda Ashman
- Scowl by Steve Smallman
- Sometimes I’m Bombaloo by Rachel Vail
- Steps and Stones: An Anger Story by Gail Silver
- When I Feel Worried by Cornelia Spelman
- When Sophie Gets Angry…Really, Really Angry by Molly Bang

**Feeling Sad/Frustrated/Jealous**

- Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst
- Flabbersmashed about You by Rachel Vail
- Flare by Kallie George (beginning reader)
- Leonardo the Terrible Monster by Mo Willems
- Llama, Llama Misses Mama by Anna Dewdney*
- Miracle Melts Down by Rosemary Wells
- The Most Magnificent Thing by Ashley Spires
- One of those Days by Amy Krouse Rosenthal
- Sad is… by Cheyene Nichols
- Stuck with the Blooz by Caron Levis
- Unicorn Thinks He’s Pretty Great by Bob Shea
- What about Bear? by Suzanne Bloom*
- What’s Wrong, Little Pookie? (board book) by Sandra Boynton*

**Feeling Scared/Worried**

- Absolutely Not by Matthew McElligott
- Dinosaur Thunder by Marion Dane Bauer
**Don't Want to Go!** By Shirley Hughes
**The Eensy Weensy Spider Freaks Out!** by Troy Cummings
**Felix and the Worrier** by Rosemary Wells
**I’m a Shark!** by Bob Shea

Big bold shark’s favorite hobby is listing the myriad things he is not afraid of. **In fact, our amusing friend is downright pompous. However, behind that overconfident exterior, Shark hides a secret that will soon be revealed; there is something he is afraid of, something very small and very unlikely... Children ages 3 to 6 will be amused and reassured by shark’s false bravado. After all, if the King of the Sea is sometimes scared, then having a fear or two is totally normal.**

**Little Mouse’s Big Book of Fears** by Emily Gravett
**Llama, Llama Red Pajama** by Anna Dewdney*
**Orion and the Dark** by Emma Yarlett
**Ready for Anything** by Keiko Kasza
**Sam is Never Scared** by Thierry Robberecht
**Scared Is...** by Cheyenne Nichols
**Scaredy Squirrel (series)** by Melanie Watt
**Silly Billy** by Anthony Browne
**Something Might Happen** by Helen Lester
**Sophie’s Fish** by A.E. Cannon
**There’s a Nightmare in My Closet** by Mercer Mayer
**Walter and the No-Need-to-Worry-Suit** by Rachel Bright
**Wemberly Worried** by Kevin Henkes
**When Lions Roar** by Robie Harris
**What if ...?** by Anthony Browne  ages 6+
**Willoughby and the Moon** by Craig Foley

**Feeling Shy/Lonely**
**The Boys** by Jeff Newman
**David’s Drawings** by Cathryn Falwell
**Dealing with Feeling Shy** by Isabel Thomas
**Louder, Lili** by Jennifer Chodlenko
**Music Class Today!** by David Weinstone*
**Poindexter Makes a Friend** by Mike Twohy
**Say Hello** by Jack Foreman
**The Quiet Place** by Sarah Stewart
**To the Sea** by Cale Atkinson
**A Very Big Bunny** by Marisabina Russo
**When No One is Watching** by Eileen Spinelli

**Feeling Silly/Happy**
**Ducks Don’t Wear Socks** by John Nedwidek
**The Feel Good Book** by Todd Parr*

Todd Parr’s trademark ultra-bright, ultra-bold illustrations fuse seamlessly with kid-delighting, often hilarious text. Parr’s morale-boosting tips range from the kind (showing a new kid the ropes), to the invigorating (snow on the tongue), to the silly (taking a nap with a giant stuffed animal) and even the unexpected (letting yourself cry if you need to). This take-charge guide to contentment is a must read for ages 3-7.

**Get Happy** by Malachy Doyle*
**Happy to You!** by Caron Cohen*
**100 Things that Make Me Happy** by Amy Schwartz
Pete the Cat and his Four Groovy Buttons by Pete Litwin
Polly Molly Woof Woof by Lloyd David
Taking a Bath with the Dog and Other Things that Make Me Happy by Scott Melchin

**Lots of Feelings**
About a Bear by Holly Surplice*
Algunas Veces (beginning reader in Spanish) by Keith Baker
Baby Happy, Baby Sad (board book) by Leslie Patricelli*
Even Monsters by A.J. Smith
The Feelings Book by Todd Parr
Feelings to Share from A to Z by Todd Snow
Glad Monster, Sad Monster: A Book of Feelings by Ed Emberley*
Happy by Mies van Hout*
Happy Hippo, Angry Duck: A Book of Moods (board book) by Sandra Boynton*
How are you Feeling?: Foods with Moods by Saxton Freymann
How Do You Feel? by Anthony Browne*
Hurty Feelings by Helen Lester
Kevin’s Big Book of Emotions by Liesbet Slegers*
Lots of Feelings by Shelley Rotner*
The Loud Book/The Quiet Book by Deborah Underwood

* My Cold Plum Lemon Pie Bluesy Mood by Tameka Fryer Brown
  Jamie, a boy of 6 or 7, describes the emotional ups and downs of a typical day using colors to describe his moods. Although linking colors with emotions is a typical move, the fresh and vivid metaphors Jamie describes are somehow both intriguing and relatable. From the pride of drawing a picture that impresses his devoted little sister, to the frustration and hurt of being teased by his big brothers, Jamie is an appealing narrator. The final scene depicts a warm and lively dinner time scene which restores Jamie to a “first bite of a juicy cold plum” state of contentment. For ages 4-7.

* My Many Colored Days by Dr. Seuss

* Show Me Happy by Kathryn Allen*

* Shy Spaghetti and Excited Eggs by Mark Nemiroff

* Sourpuss and Sweetie Pie by Norman Juster

* There are No Animals in this Book (Only Feelings) by Chani Sanchez

* Today I Feel Silly and Other Moods that Make My Day by Jamie Lee Curtis

* Walter was Worried by Laura Vacarro Seeger

* The Way I Feel/Asi es Como Mi Siento by Janan Cain

* Wild Feelings by David Milgrim

* You’re a Crab!: A Moody Day Book by Jenny Whitehead

**Helpful Books for Parents**
Ain’t Misbehavin’: Tactics for Tantrums, Meltowns, Bedtime Blues and other Perfectly Normal Kid Behaviors by Alyson Schaefer
Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children by Linda Lantieri
The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children by Ross Grene
Growing Up Brave: Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety by Donna Pincus
Freeing your Child from Anxiety / Freeing your Child from Negative Thinking by Tamar Chansky
Helping Your Anxious Child: A Step-by-Step Guide for Parents by Ronald Rapee
The Highly Sensitive Child by Elaine Aron
The Opposite of Worry: The Playful Parent Approach to Childhood Anxieties and Fears by Lawrence Cohen
Parenting without Power Struggles by Susan Stiffleman
You Can’t Make Me (But I Can Be Persuaded): Strategies for Bringing out the Best in Your Strong-Willed Child by Cynthia Ulrich Tobias

http://tinyurl.com/BCLReadsKids