A Select List of Brown County Library Children’s Books
(Toddler – Early Elementary)
Click on each title below to see the library’s catalog record. Then click on the title in the record for details, current availability, or to place a hold. For additional books and items on this theme, ask your librarian or search the library’s online catalog.

* = great for toddlers

**Feeling Angry/Grumpy**
*Angry Is...* by Connie Colwell Miller
*Cool Down and Work Through Anger* by Cheri Meiners
*Emily's Tiger* by Miriam Latimer*
*Feet are not for Kicking* (board book) by Elizabeth Verdick*
*Grumpy Bird* by Jeremy Tankard*
*Hands are not for Hitting* (board book & non-fiction editions) by Martine Agassi*
*I Was So Mad* by Mercer Mayer
*Llama, Llama Mad at Mama* by Anna Dewdney*
*Mean Soup* by Betsy Everitt
*Mouse was Mad* by Linda Urban
*Nobody Notices Minerva* by Wednesday Kirwan
*Pete's a Pizza* by William Steig*
*Someday I'm Bombaloo* by Rachel Vail
*When Sophie Gets Angry... Really, Really Angry* by Molly Bang

**Feeling Sad/Frustrated/Jealous**
*Alexander and the Terrible, Horrible, No Good, Very Bad Day* by Judith Viorst
*Flabbersmashed about You* by Rachel Vail
*Leonardo the Terrible Monster* by Mo Willems
*Llama, Llama Misses Mama* by Anna Dewdney*
*Miracle Melts Down* by Rosemary Wells
*One of those Days* by Amy Krouse Rosenthal
*Stuck with the Blooz* by Caron Levis
*What about Bear?* by Suzanne Bloom*
*What's Wrong, Little Pookie?* (board book) by Sandra Boynton*

**Feeling Scared/Worried**
*Absolutely Not* by Matthew McElligott
*Dinosaur Thunder* by Marion Dane Bauer*
*The Eensy Weensy Spider Freaks Out!* by Troy Cummings
+Felix and the Worrier* by Rosemary Wells*
*I'm a Shark!* by Bob Shea

Big bold shark’s favorite hobby is listing the myriad things he is not afraid of. In fact, our amusing friend is downright pompous. However, behind that overconfident exterior, Shark hides a secret that will soon be revealed; there is something he is afraid of, something very small and very unlikely...

Children ages 3 to 6 will be amused and reassured by shark’s false bravado.
After all, if the King of the Sea is sometimes scared, then having a fear or two is totally normal.

**Little Mouse’s Big Book of Fears** by Emily Gravett  
**Llama, Llama Red Pajama** by Anna Dewdney  
**Ready for Anything** by Keiko Kasza*  
**Sam is Never Scared** by Thierry Robberecht  
**Scared Is...** by Cheyenne Nichols  
**Scaredy Squirrel (series)** by Melanie Watt  
**Silly Billy** by Anthony Browne  
**Something Might Happen** by Helen Lester  
**Sophie’s Fish** by A.E. Cannon  
**There’s a Nightmare in My Closet** by Mercer Mayer  
**Wemberly Worried** by Kevin Henkes  
**Willoughby and the Moon** by Craig Foley

### Feeling Shy/Lonely

**The Boys** by Jeff Newman  
**David’s Drawings** by Cathryn Falwell  
**Louder, Lili** by Jennifer Chodlenko  
**Poin dexter Makes a Friend** by Mike Twohy  
**Say Hello** by Jack Foreman  
**Shrinking Violet** by Cari Best  
**The Quiet Place** by Sarah Stewart  
**A Very Big Bunny** by Marisabina Russo  
**When No One is Watching** by Eileen Spinelli  
**Willow’s Whispers** by Lana Button

### Feeling Silly/Happy

**Ducks Don’t Wear Socks** by John Nedwidek  
**The Feel Good Book** by Todd Parr  
  Todd Parr’s trademark ultra-bright, ultra-bold illustrations fuse seamlessly with kid-delighting, often hilarious text. Parr’s morale-boosting tips range from the kind (showing a new kid the ropes), to the invigorating (snow on the tongue), to the silly (taking a nap with a giant stuffed animal) and even the unexpected (letting yourself cry if you need to). This take-charge guide to contentment is a must read for ages 3-7.  
**Get Happy** by Malachy Doyle*  
**Happy Is...** by Connie Miller  
**Happy to You!** by Caron Cohen*  
**Pete the Cat and his Four Groovy Buttons** by Pete Litwin  
**Polly Molly Woof Woof** by Lloyd David  
**Silly (How I Feel series)** by Marcia Leonard  
**Taking a Bath with the Dog and Other Things that Make Me Happy** by Scott Melchin

### Lots of Feelings

**About a Bear** by Holly Surplice*  
**Algunas Veces** (beginning reader in Spanish) by Keith Baker  
**Baby Giggles** (board book) by Rachael Hale  
**Baby Happy, Baby Sad** (board book) by Leslie Patricelli  
**The Feelings Book** by Todd Parr*  
**Feelings to Share from A to Z** by Todd Snow  
**Glad Monster, Sad Monster: A Book of Feelings** by Ed Emberley*
Jamie, a boy of 6 or 7, describes the emotional ups and downs of a typical day using colors to describe his moods. Although linking colors with emotions is a typical move, the fresh and vivid metaphors Jamie describes are somehow both intriguing and relatable. From the pride of drawing a picture that impresses his devoted little sister, to the frustration and hurt of being teased by his big brothers, Jamie is an appealing narrator. The final scene depicts a warm and lively dinner time scene which restores Jamie to a “first bite of a juicy cold plum” state of contentment. For ages 4-7.

Helpful Books for Parents

Ain’t Misbehavin’: Tactics for Tantrums, Meltowns, Bedtime Blues and other Perfectly Normal Kid Behaviors by Alyson Schaefer
Building Emotional Intelligence: Techniques to Cultivate Inner Strength in Children by Linda Lantieri
Growing Up Brave: Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety by Donna Pincus
Freeing your Child from Negative Thinking by Tamar Chansky
Helping Your Anxious Child: A Step-by-Step Guide for Parents by Ronald Rapee
The Highly Sensitive Child by Elaine Aron
Parenting a Child who has Intense Emotions by Pat Harvey
Parenting without Power Struggles by Susan Stiffleman
The Resilient Child by George Everly
The Shyness Breakthrough by Bernardo Carducci
What to Do when You Grumble Too Much: A Kid’s Guide to Overcoming Negativity by Dawn Huebner
What to Do when Your Temper Flares: A Kid’s Guide to Overcoming Problems with Anger by Dawn Huebner
You Can’t Make Me (But I Can Be Persuaded): Strategies for Bringing out the Best in Your Strong-Willed Child by Cynthia Ulrich Tobias

http://tinyurl.com/BCLreads